

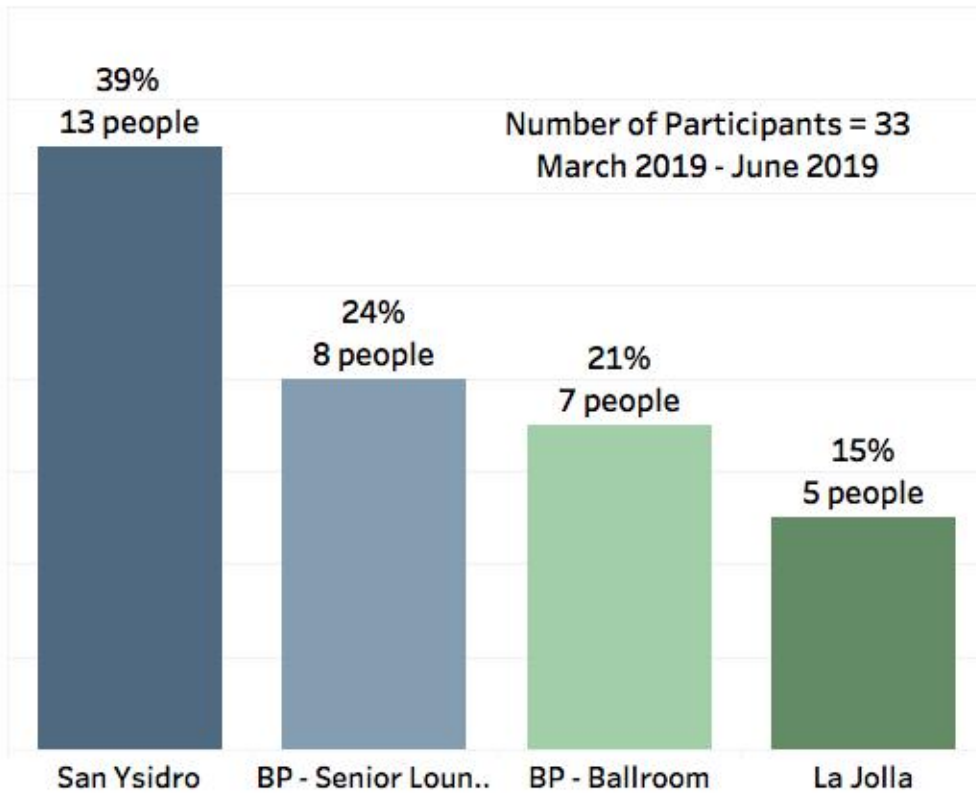


CARR's Pop-Up Senior Coaching Clinic

Participant Data



Participants by Coaching Clinic Location

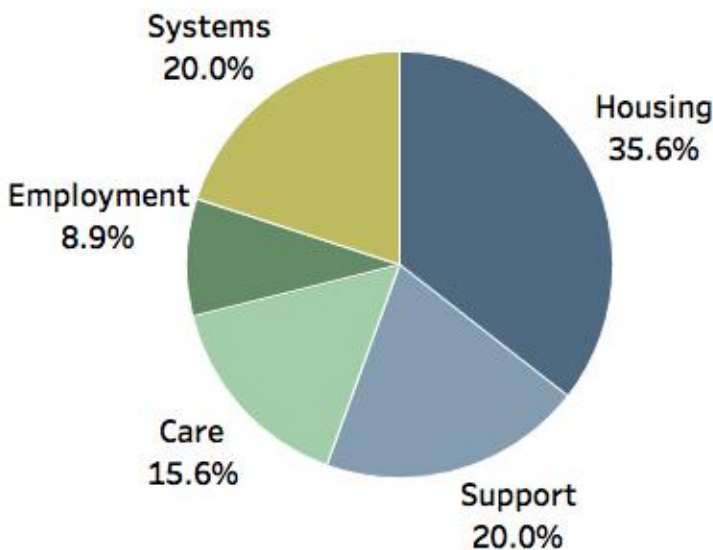


CARR hosted 14 clinics at the senior centers in La Jolla, Balboa Park, and San Ysidro. 33, self-selected participants received one-on-one coaching related to their specific issue(s). (For more information on the participant experience, see reverse side of this page)

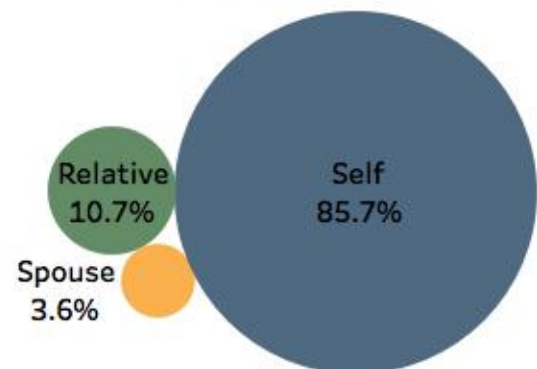
Participant Ages

Max. Age	90 years old
Avg. Age	75 years old
Min. Age	59 years old

Reasons for Seeking Coaching Clinic Resources



Relation of Inquiry



The range of issues were consolidated into 5 categories:

- Systems – Navigating bureaucratic systems
- Housing – Information on housing resources
- Support – Support services to maintain quality of life
- Care – Care services to maintain quality of life
- Employment – Information on employment opportunities